

Challenge Rules

1. **Eligibility:** To participate, hikers must complete at least one or some of the designated trails in the challenge and either post on social media tagging Tourism HCC and Hope Mountain Centre, or visit the Visitor Centre showing staff a photo of themselves on the trail to claim their prize.
2. **Social Media Requirement:** Participants are required to post a photo or video or reel of themselves on a Facebook, Instagram or YouTube account (temporary stories are excluded) showing they completed at least one of the trails. Posts must tag Tourism HCC (@[tourismhcc](#)) and Hope Mountain Centre (@[hopemountain](#)) and including the hashtag #HopeTrails2026.
3. **Landing Page:** Information regarding the Challenge will be available on the Hope Mountain Centre and Hope Cascades & Canyons websites. Participants should check these pages for updates and details on trail locations.

Trails

Participants must complete at least one of the following trails:

BEGINNER TO INTERMEDIATE TRAILS

Silverhope Creek Trail

Elevation gain: 7 m | Round trip: 1.3 km
Time: 30 minutes

Othello Tunnels

Elevation gain: 20 m | Round trip: 2 km

Time: 1 hour

Rhododendron Flats

Elevation gain: 92 m | Round trip: 1.6 km

Time: 1-2 hours

Alexandra Bridge

Elevation gain: 73 m | Round trip: 1.8 km

Time: 1-2 hours

Ottomite Mountain

Elevation gain: 330 m | Round trip: 8.5 km

Time: 4-6 hours

INTERMEDIATE TO ADVANCED TRAILS

Serpent's Back

Elevation gain: 435 m | Round trip: 5.5 km | Time: 3-4 hours

Spirit Caves

Elevation gain: 600 m | Round trip: 7 km | Time: 4-5 hours

Whatcom Trail Loop

Elevation gain: 1,132 m | Round trip: 22.5 km | Time: 8-9 hours

Skyline II Trail – One-Way Thru Hike between Skagit Valley Provincial Park and Manning Park

Elevation gain: 926 m | One-way: 25.7 km | Time: 10-12 hours

HBC Heritage Trail*

**The entire HBC Trail does not need to be hiked. Any portion of this trail hikes is eligible for this challenge. Suggested route is the picturesque section of Jacobsen Lake to Conglomerate Flats and Palmer's Pond.*

Stats for entire trail:

Elevation gain: 3,922 m | One way: 75 km | Time: 3-7 days

Prizes

1. Participants who complete the Challenge will be eligible to receive a prize at the Hope Cascades & Canyons Visitor Centre, located at 919 Water Ave., Hope, BC. Open 10 am - 4 pm Mon-Sun. Open 9 am - 5 pm Mon-Sun through August.
2. **Grand Prize Draw:** By completing one or more trails and posting, submitting via link or showing a photo at the visitor centre as proof of completion, participants will also be eligible to enter to win the grand prize of a \$250 gift card to Hope Outdoors. For every trail

completed and entered, participants will receive one entry into the grand prize draw.

3. All participants grant Hope Cascades & Canyons and Hope Mountain Centre for Outdoor Learning permission to use their photos, videos, and likeness for promotional purposes on social media accounts and website.

Liability and Safety

1. By participating in the Challenge, participants acknowledge that hiking can involve risks and agree to take full responsibility for their personal safety and well-being while completing the trails.
2. The organizers, including Hope Cascades & Canyons and Hope Mountain Centre, are not liable for any injuries, losses, or damages that may occur during participation in the Challenge.

Final Notes

The Challenge is subject to change or cancellation at any time. The organizers reserve the right to modify the terms and conditions as necessary.

For any questions or clarifications, please contact us at marketing@hopebc.ca.